

DOUGHERTY



Grow Your Groceries DIY Food Gardening Series

Never gardened before? No problem. Flint River Fresh through the Dougherty Fresh initiative added more tools to the Grow Your Groceries virtual DIY Food Gardening Toolkit! Click or tap on the topic and link to food gardening tips for beginners and more experienced gardeners.

BASICS OF GROWING A VEGGIE GARDEN

From green spaces to gardens to groceries! This in-depth discussion will guide you through the steps to grocery shopping in your own backyard!

SOIL HEALTH

Soil is the pathway to getting plants the proper nutrients to grow into bountiful harvests.

SPACING & FERTILIZING

Give your fruits and veggies space to grow. With the proper tools, small spaces can yield big harvests.

WATERING SYSTEMS

The more successful gardening plans ensure that thirsty seedlings are planted near an easily accessible water source.

WEEDING & DISEASE CONTROL

Knowing what's a weed and what's not & preventive care are essential to good garden care.

PEST CONTROL

Insects can make you bug out. But some are good gardening assistants. Integrated pest management systems support healthy food spaces.

HARVESTING

Learn the difference between "cut and come again" crops vs "cut and done" crops. The correct harvesting method can help yield more than one harvest per season.

How to Build a Raised Garden Bed

Caring for Raised Bed Gardens AND

MORE at www.flintriverfresh.org/diy-toolkit

